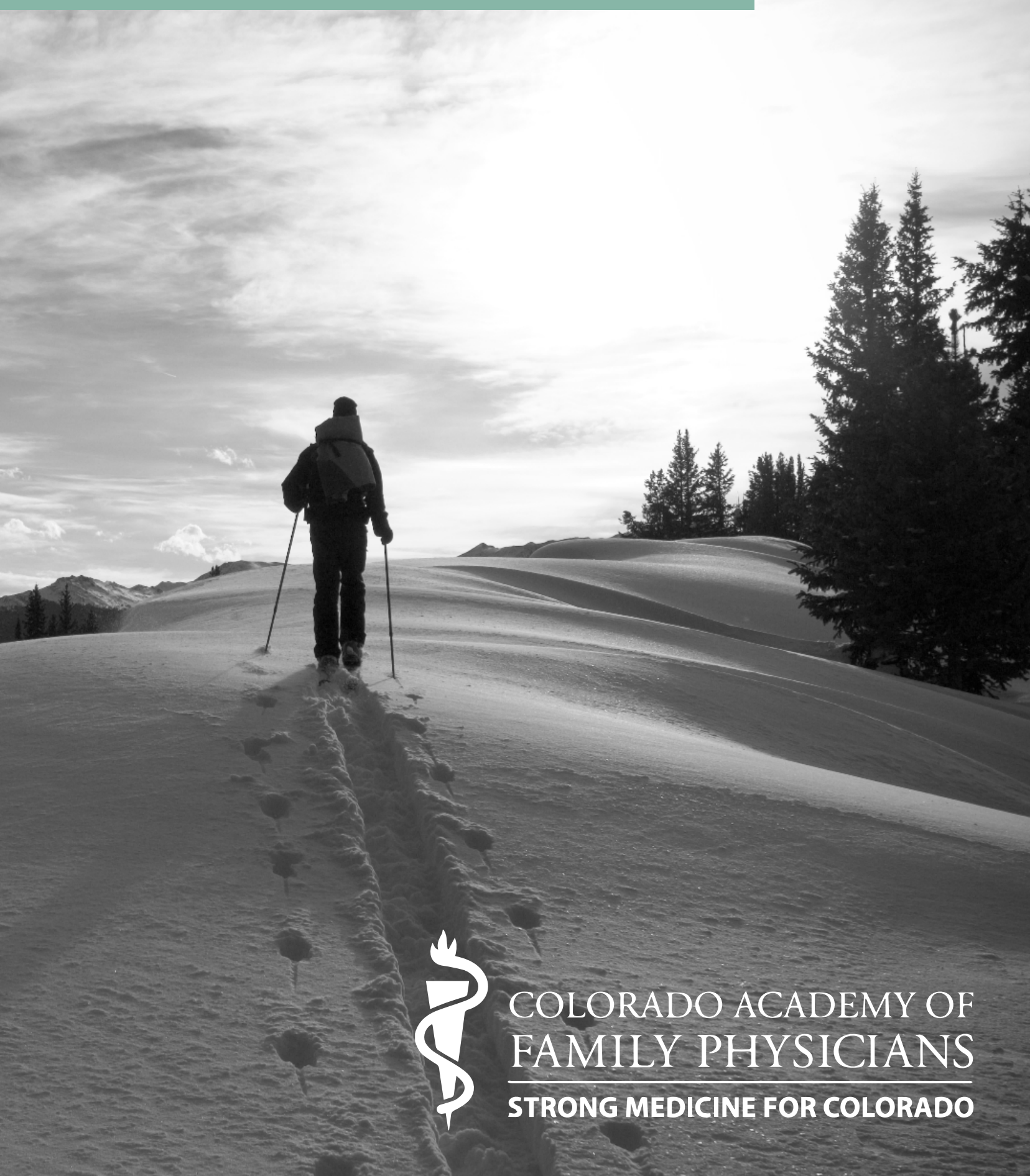


2018 Annual Report



COLORADO ACADEMY OF
FAMILY PHYSICIANS

STRONG MEDICINE FOR COLORADO

Here is my list of things we attempted to fix in health care this year:

The high costs of health care and its effect on individuals, businesses, and our national economy

The variability or lack of access to health care for some members our communities

The realities of fee for service reimbursement

The volume of menial tasks that get lumped together under “administrative burden” that we are required to do every day.

The attack on joy in our profession because of all the above

The opioid crisis, substance use disorders, the obesity epidemic, gun violence, or really any chronic physical or mental illness



I admit, that's sort of a depressing list of huge issues, and an odd way to start off our Annual Report. But perhaps it caught your attention enough to read this message! I joined the CAFPP Board some 10 years ago wanting to make a difference outside of my exam room. I wish I could say we fixed one of the major issues above. But this year I am proud to say that we have tackled parts of many of those issues and are working on making change. I will let the subsequent pages of this report highlight the successes we have had (and there are many) in each of our three areas of focus: Advocacy, Education, and Health of the Physician and Public.

It has been my honor to be involved in the CAFPP's activities as Board Member, Legislative Committee Member, and now Chair, as we attempt to fix the big picture issues of the day. The organization has also given me a platform to investigate and develop personal leadership skills in an area of my own interest- the role of the physician combating climate change, for which I am grateful.

So I encourage you to be involved with the CAFPP in the future. Why?

You can be a part of fixing one of the big problems listed above. And even see progress be made!

Maybe you have a different list of things that need fixing. You can learn and access tools to advocate for the change you believe in.

Maybe you don't really have a strong passion for any of our areas of focus. I suspect that if you engage you will find yourself something you never envisioned (like myself and the topic of climate change).

The staff and board members are dedicated, intelligent, and fun to spend a few Saturdays a year with (which is really important)!

So our to-do list for this year looks a lot like my first list above. And I am excited to see us all tackle it for ourselves, our profession, our patients and our communities. Because that is why we are Family Physicians.

Zach Wachtl, MD

2018 Membership Statistics

2,598 Members

1,618	271	476	190
Active Members	Resident Members	Student Members	Life Members
4	33	6	
Supporting Members	Inactive Members	Transitional Members	

2018 Financial Data

The CAFP continues to be very stable financially. In 2018 the organization continued our goal of investing and utilizing member dues responsibly. This included moving to socially responsible investment portfolios and making sustainable updates to our office space.

Current Assets: \$768,682.40

Fixed Assets: \$353,196.44

Total Assets: \$1,121,878.84

Total Liabilities: \$162.62

Total Income: \$621,995.74

Total Expense: \$617,687.89

Net Ordinary Income: \$4,307.85

Advocacy at the Capitol

9

CAFP Physician
Members
Testified

24

Meetings With
Organizations on Primary
Care Investment

11

Committee
Hearings CAFP
Testified In

Advocacy from Anywhere

79

Letters Sent
to Legislators

13

Organizations Endorsed
CAFP's Primary Care
Investment Work



CAFP hosted a legislative reception for candidates we supported in the 2018 election.
90% of the candidates CAFP supported were elected.

Testifying Outcomes

SB-022 limits an initial prescription for opioids to 7-days and requires a PDMP check for the 2nd fill. CAFP supported. The bill passed and was signed by the Governor.

HB-1365 CAFP President-Elect testified in support of the Primary Care Investment Initiative to double payer investments in primary care. The bill passed the House Health Insurance Committee 11-2, but was defeated in Legislative Council by a tie vote.

HB-1136 adds inpatient and residential treatment to the Medicaid benefit to treat opioid addiction. CAFP Supported. The bill passed and was signed into law by the Governor.

HB-1284 allows pharmacists to inform patients if the cash-pay price of a drug is cheaper than the price under their health plan, by prohibiting so-called "gag clauses" in contracts between pharmacists and prescription benefit managers. CAFP supported. The bill passed and was signed into law by the Governor.

SB-214 would have put a lifetime cap of 5 years on Medicaid coverage, while adding work requirements to be eligible for Medicaid. CAFP opposed the bill, which was defeated on a bipartisan vote of 3-2 in the Senate Health Committee.

HB-1260 sought to increase prescription drug price transparency by requiring pharmaceutical companies to submit drug prices to the state and notify insurers and patients in advance of a 10% increase in a drug's price. CAFP supported the bill, which was defeated on a vote of 3-2 in the Senate State, Veterans and Military Affairs Committee.



AF Williams family medicine interns sit in Senate committee chairs as Dr. Jeff Cain of Colorado speaks about family medicine advocacy and using their stories to make change.

CAFP's Primary Care Investment Initiative

A Year of Building

2018 marked the first year CAFP authored legislation to increase the investment in primary care in Colorado. This legislation, modeled after successful work done in states including Oregon and Rhode Island, would measure the amount of money spent on primary care in Colorado, and bring that number up to a minimum of 12 to 15 percent. While the legislation was not passed in 2018, the CAFP built a coalition of supporters around the work, brought attention to this important issue, and laid the groundwork for the legislation to be passed in 2019.



Zach Wachtl, MD, testifying in support of CAFP's Primary Care Investment legislation.



Op-Eds appeared in newspapers across Colorado in support of CAFP's primary care investment initiative.

Doctor of the Day By the Numbers

2018 saw continued growth of the Doctor of the Day program at the State Capitol. Family physicians treated legislators, staff and visitors, and offered a first-hand example of how important family doctors are.

30+

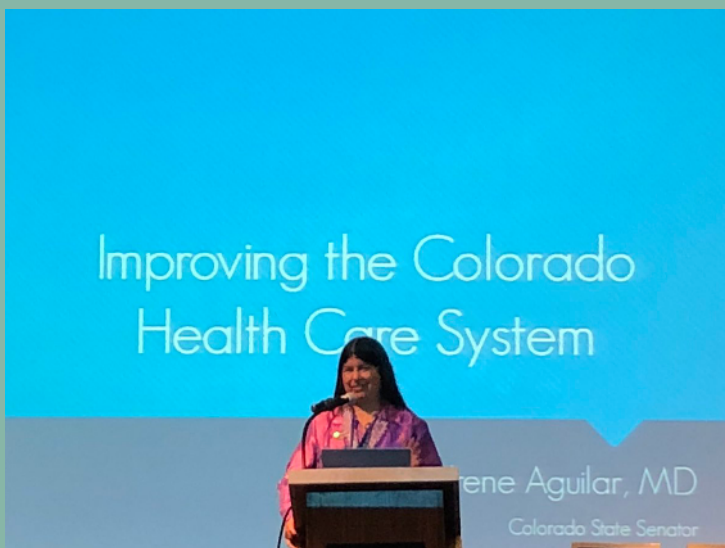
Patients Treated
at the Capitol

53

Doctor of the Day
Participants

43

Out of a Possible
83 Days Covered



2018 Colorado Primary Care Collaborative (CPCC) Convening

Leaders in healthcare and payment reform from across the US gathered together for CPCC's 2018 Convening: Not Someday. Today. Making Primary Care Payment Reform a Reality in Colorado.

2018 CAFP Annual Summit

The 2018 Annual Summit was all about celebrating family medicine. The CAFP marked our 70th anniversary in style, joined by wonderful attendees, speakers and exhibitors at the Cheyenne Mountain Conference Center in Colorado Springs.



2018 CAFP Award Winners



Family Medicine Physician of the Year
Gary Knaus, MD



Family Medicine Resident of the Year
Cleveland Piggott, MD, MPH



Family Medicine Teacher of the Year
John Lee Miller, MD



Patient-Centered Innovation Award
Roaring Fork Family Practice

Engaging Students & Residents

The CAFP hosted a casual get together with the medical students and family medicine residents attending AAFP's National Conference in Kansas City. This event helps students understand what the Colorado chapter can provide in conjunction with the national organization.



CAFP hosted a student and resident networking night at Dry Dock Brewery in Aurora to give the next generation of Colorado family physicians a chance to meet each other, engage with CAFP leaders, and enjoy some well-earned relaxation.

New Youth Marijuana Prevention Program



PREVENTING MARIJUANA USE IN COLORADO YOUTH

Responding to a growing need recognized by Colorado family physicians, educators and health officials, the CAFP developed Stop & Imagine: Preventing Marijuana Use in Colorado Youth.

Stop & Imagine is modeled after the Tar Wars program and brings a family physician into Colorado 4th and 5th grade classrooms to talk with students about marijuana use. The program utilizes fun activities and positive reinforcement to engage students in its message.

Green Initiatives at the CAFP

The CAFP recognizes both the health and financial benefits of sustainable, environmentally friendly practices. Under leadership from the Board of Directors, spearheaded by Board President Zach Wachtl, MD, the CAFP implemented many sustainable practices in 2018. This included having an energy efficiency audit conducted in our office, moving to a more efficient HVAC and lighting system and moving to purchase 100 percent of our electricity from a solar farm. These changes will have paid themselves off in a little over five years, representing a sound financial investment, as well as a healthy one.

In addition to the work in our own office, Dr. Wachtl presented a resolution that passed at the 2018 Congress of Delegates in New Orleans, asking the American Academy of Family Physicians to set a Clean Energy Goal for their organization as well.

CAFP Board of Directors

Officers

Chair/Past President – Monica Morris, DO, Denver

President – Zach Wachtl, MD, Denver

President-elect – John Cawley, MD, Ft. Collins

Vice President – Gina Carr, MD, Buena Vista

Secretary/Treasurer – Craig Anthony, MD, Denver

Member-at-Large – Alan-Michael Vargas, MD, Parachute

External Relations/Awards Committee

Chair – Tamaan Osbourne-Roberts, MD, Denver

Term Expiring 2019

Corey Lyon, DO, Denver

Roxi Radi, MD, Denver

Virginia Richey, DO, Wheat Ridge

TJ Staff, MD, MPH, Denver

Term Expiring 2020

Melissa Devalon, MD, Monument

Stephanie Gold, MD, Denver

Matthew Mullane, MD, MPH, Denver

Alan-Michael Vargas, MD, Rifle

Term Expiring 2021

Rachel Carpenter, MD, Denver

Cleveland Piggott, MD, Denver

Karin Susskind, MD, Boulder

Abbie Urish, MD, Rangely

Delegates

Brian Bacak, MD, Highlands Ranch – term expires 2019

Glenn Madrid, MD, Grand Junction – term expires 2019

Alternate Delegates

Tamaan Osbourne-Roberts, MD, Denver – term expires 2019

Monica Morris, DO, Denver – term expires 2019

Resident Representatives

Andrew Clithero, MD, 2019, North Colorado Family Medicine Residency, Greeley

Emily Garban, MD, 2021, Ft. Collins Family Medicine Residency, Ft. Collins

Kyle Leggott, MD, 2019, University of Colorado Family Medicine Residency, Denver

Lisa Matelich, MD, 2019, St. Mary's Family Medicine Residency, Grand Junction

Julie McKenzie, DO, 2019, St. Anthony North Family Medicine Residency, Westminster

Lindsey Pearson, MD, 2019, Rose Family Medicine, Denver

Lindsey Romero, MD, 2021, Southern Colorado Family Medicine Residency, Pueblo

David Stuart, MD, 2019, St. Mary's Family Medicine Residency, Grand Junction

Jessica Zha, MD, 2019, University of Colorado Family Medicine Residency, Denver

Student Representatives

Bijan Ghaffari, CU, 2019

Leah Kellogg, CU, 2019

Filiberto Morales, Denver, CU, 2020

Sara Schuster, Denver, CU, 2019



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Say Hello



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