Here is my list of things we attempted to fix in health care this year:

The high costs of health care and its effect on individuals, businesses, and our national economy

The variability or lack of access to health care for some members of our communities

The realities of fee for service reimbursement

The volume of menial tasks that get lumped together under "administrative burden" that we are required to do every day.

The attack on joy in our profession because of all the above

The opioid crisis, substance use disorders, the obesity epidemic, gun violence, or really any chronic physical or mental illness

I admit, that's sort of a depressing list of huge issues, and an odd way to start off our Annual Report. But perhaps it caught your attention enough to read this message! I joined the CAFP Board some 10 years ago wanting to make a difference outside of my exam room. I wish I could say we fixed one of the major issues above. But this year I am proud to say that we have tackled parts of many of those issues and are working on making change. I will let the subsequent pages of this report highlight the successes we have had (and there are many) in each of our three areas of focus: Advocacy, Education, and Health of the Physician and Public.

It has been my honor to be involved in the CAFP's activities as Board Member, Legislative Committee Member, and now Chair, as we attempt to fix the big picture issues of the day. The organization has also given me a platform to investigate and develop personal leadership skills in an area of my own interest- the role of the physician combating climate change, for which I am grateful.

So I encourage you to be involved with the CAFP in the future. Why?

You can be a part of fixing one of the big problems listed above. And even see progress be made!

Maybe you have a different list of things that need fixing. You can learn and access tools to advocate for the change you believe in.

Maybe you don't really have a strong passion for any of our areas of focus. I suspect that if you engage you will find yourself something you never envisioned [like myself and the topic of climate change].

The staff and board members are dedicated, intelligent, and fun to spend a few Saturdays a year with [which is really important]!

So our to-do list for this year looks a lot like my first list above. And I am excited to see us all tackle it for ourselves, our profession, our patients and our communities. Because that is why we are Family Physicians.

Zach Wachtl, MD
2018 Membership Statistics

2,598 Members

1,618 Active Members
271 Resident Members
476 Student Members
190 Life Members

1,618 Active Members
271 Resident Members
476 Student Members
190 Life Members

4 Supporting Members
33 Inactive Members
6 Transitional Members

2018 Financial Data

The CAFP continues to be very stable financially. In 2018 the organization continued our goal of investing and utilizing member dues responsibly. This included moving to socially responsible investment portfolios and making sustainable updates to our office space.

Current Assets: $768,682.40
Fixed Assets: $353,196.44

Total Assets: $1,121,878.84
Total Liabilities: $162.62
Total Income: $621,995.74
Total Expense: $617,687.89
Net Ordinary Income: $4,307.85
Advocacy at the Capitol

- 9 CAFP Physician Members Testified
- 24 Meetings With Organizations on Primary Care Investment
- 11 Committee Hearings CAFP Testified In

Advocacy from Anywhere

- 79 Letters Sent to Legislators
- 13 Organizations Endorsed CAFP’s Primary Care Investment Work

CAFP hosted a legislative reception for candidates we supported in the 2018 election. 90% of the candidates CAFP supported were elected.
Testifying Outcomes

SB-022 limits an initial prescription for opioids to 7-days and requires a PDMP check for the 2nd fill. CAFP supported. The bill passed and was signed by the Governor.

HB-1365 CAFP President-Elect testified in support of the Primary Care Investment Initiative to double payer investments in primary care. The bill passed the House Health Insurance Committee 11-2, but was defeated in Legislative Council by a tie vote.

HB-136 adds inpatient and residential treatment to the Medicaid benefit to treat opioid addiction. CAFP Supported. The bill passed and was signed into law by the Governor.

HB-1284 allows pharmacists to inform patients if the cash-pay price of a drug is cheaper than the price under their health plan, by prohibiting so-called “gag clauses” in contracts between pharmacists and prescription benefit managers. CAFP supported. The bill passed and was signed into law by the Governor.

SB-214 would have put a lifetime cap of 5 years on Medicaid coverage, while adding work requirements to be eligible for Medicaid. CAFP opposed the bill, which was defeated on a bipartisan vote of 3-2 in the Senate Health Committee.

HB-1260 sought to increase prescription drug price transparency by requiring pharmaceutical companies to submit drug prices to the state and notify insurers and patients in advance of a 10% increase in a drug’s price. CAFP supported the bill, which was defeated on a vote of 3-2 in the Senate State, Veterans and Military Affairs Committee.

AF Williams family medicine interns sit in Senate committee chairs as Dr. Jeff Cain of Colorado speaks about family medicine advocacy and using their stories to make change.
2018 marked the first year CAFP authored legislation to increase the investment in primary care in Colorado. This legislation, modeled after successful work done in states including Oregon and Rhode Island, would measure the amount of money spent on primary care in Colorado, and bring that number up to a minimum of 12 to 15 percent. While the legislation was not passed in 2018, the CAFP built a coalition of supporters around the work, brought attention to this important issue, and laid the groundwork for the legislation to be passed in 2019.

Zach Wachtl, MD, testifying in support of CAFP’s Primary Care Investment legislation.

Op-Eds appeared in newspapers across Colorado in support of CAFP’s primary care investment initiative.
Doctor of the Day By the Numbers

2018 saw continued growth of the Doctor of the Day program at the State Capitol. Family physicians treated legislators, staff and visitors, and offered a first-hand example of how important family doctors are.

30+ Patients Treated at the Capitol

53 Doctor of the Day Participants

43 Out of a Possible 83 Days Covered

2018 Colorado Primary Care Collaborative (CPCC) Convening

Leaders in healthcare and payment reform from across the US gathered together for CPCC’s 2018 Convening: Not Someday. Today. Making Primary Care Payment Reform a Reality in Colorado.
2018 CAFP Annual Summit

The 2018 Annual Summit was all about celebrating family medicine. The CAFP marked our 70th anniversary in style, joined by wonderful attendees, speakers and exhibitors at the Cheyenne Mountain Conference Center in Colorado Springs.

2018 CAFP Award Winners

- **Family Medicine Physician of the Year**
  Gary Knaus, MD

- **Family Medicine Resident of the Year**
  Cleveland Piggott, MD, MPH

- **Family Medicine Teacher of the Year**
  John Lee Miller, MD

- **Patient-Centered Innovation Award**
  Roaring Fork Family Practice

- **Family Medicine Physician of the Year**
  Gary Knaus, MD

- **Family Medicine Resident of the Year**
  Cleveland Piggott, MD, MPH

- **Family Medicine Teacher of the Year**
  John Lee Miller, MD

- **Patient-Centered Innovation Award**
  Roaring Fork Family Practice
Engaging Students & Residents

The CAFP hosted a casual get together with the medical students and family medicine residents attending AAFP’s National Conference in Kansas City. This event helps students understand what the Colorado chapter can provide in conjunction with the national organization.

CAFP hosted a student and resident networking night at Dry Dock Brewery in Aurora to give the next generation of Colorado family physicians a chance to meet each other, engage with CAFP leaders, and enjoy some well-earned relaxation.
New Youth Marijuana Prevention Program

STOP AND IMAGINE
PREVENTING MARIJUANA USE IN COLORADO YOUTH

Responding to a growing need recognized by Colorado family physicians, educators and health officials, the CAFP developed Stop & Imagine: Preventing Marijuana Use in Colorado Youth.

Stop & Imagine is modeled after the Tar Wars program and brings a family physician into Colorado 4th and 5th grade classrooms to talk with students about marijuana use. The program utilizes fun activities and positive reinforcement to engage students in its message.

Green Initiatives at the CAFP

The CAFP recognizes both the health and financial benefits of sustainable, environmentally friendly practices. Under leadership from the Board of Directors, spearheaded by Board President Zach Wachtal, MD, the CAFP implemented many sustainable practices in 2018. This included having an energy efficiency audit conducted in our office, moving to a more efficient HVAC and lighting system and moving to purchase 100 percent of our electricity from a solar farm. These changes will have paid themselves off in a little over five years, representing a sound financial investment, as well as a healthy one.

In addition to the work in our own office, Dr. Wachtal presented a resolution that passed at the 2018 Congress of Delegates in New Orleans, asking the American Academy of Family Physicians to set a Clean Energy Goal for their organization as well.
CAFP Board of Directors

Officers
Chair/Past President – Monica Morris, DO, Denver
President – Zach Wachtl, MD, Denver
President-elect – John Cawley, MD, Ft. Collins
Vice President – Gina Carr, MD, Buena Vista
Secretary/Treasurer – Craig Anthony, MD, Denver
Member-at-Large – Alan-Michael Vargas, MD, Parachute

External Relations/Awards Committee Chair – Tamaan Osbourne-Roberts, MD, Denver

Term Expiring 2019
Corey Lyon, DO, Denver
Roxi Radi, MD, Denver
Virginia Richey, DO, Wheat Ridge
TJ Staff, MD, MPH, Denver

Term Expiring 2020
Melissa Devalon, MD, Monument
Stephanie Gold, MD, Denver
Matthew Mullane, MD, MPH, Denver
Alan-Michael Vargas, MD, Rifle

Term Expiring 2021
Rachel Carpenter, MD, Denver
Cleveland Piggott, MD, Denver
Karin Susskind, MD, Boulder
Abbie Urish, MD, Rangely

Delegates
Brian Bacak, MD, Highlands Ranch – term expires 2019
Glenn Madrid, MD, Grand Junction – term expires 2019

Alternate Delegates
Tamaan Osbourne-Roberts, MD, Denver – term expires 2019
Monica Morris, DO, Denver – term expires 2019

Resident Representatives
Andrew Clithero, MD, 2019, North Colorado Family Medicine Residency, Greeley
Kyle Leggott, MD, 2019, University of Colorado Family Medicine Residency, Denver
Lisa Matelich, MD, 2019, St. Mary’s Family Medicine Residency, Grand Junction
Julie McKenzie, DO, 2019, St. Anthony North Family Medicine Residency, Westminster
Lindsey Pearson, MD, 2019, Rose Family Medicine, Denver
Lindsey Romero, MD, 2021, Southern Colorado Family Medicine Residency, Pueblo
David Stuart, MD, 2019, St. Mary’s Family Medicine Residency, Grand Junction
Jessica Zha, MD, 2019, University of Colorado Family Medicine Residency, Denver

Student Representatives
Bijan Ghaffari, CU, 2019
Leah Kellogg, CU, 2019
Filiberto Morales, Denver, CU, 2020
Sara Schuster, Denver, CU, 2019
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