



<http://www.balanceconference.org/>

Annual Women's Balance Conference In Breckenridge, CO, available.

Deadline to Apply: July 15.

The **Balance Conference** has attracted women physicians from throughout the country since the first conference in 1991. A highly interactive multi-disciplinary program for a totally physician audience, participants represent a wide variety of primary care and subspecialty practice settings, ranging from solo to hospital and managed care plans to academia. The CME program includes sessions that focus on personal skills and professional growth as well as clinical topics relevant to various patient populations.

To honor Dr. Martha Illige and her sustained commitment over many years to medical education, resident training, and the Colorado Academy of Family Physicians, the CAFP provides an annual opportunity for a pair of female physicians from a Colorado Family Medicine Residency program to attend the August conference in Breckenridge, Colorado.

Through a process that involves a shared application, one resident-faculty dyad consisting of a female family medicine residency faculty and a female PGY-2 or PGY-3 resident from the same program will be provided with \$1200.00 per person to help defray the costs of attending the annual August Balance conference together. The resident and faculty dyad will then be charged with bringing information that they have learned from the conference back to their respective program and leading subsequent discussions at their program around Balance, Wellness, and Mindfulness – with the goal that the residency program will incorporate some of the elements into their structure or curriculum. The application process is designed so that resident-faculty dyads do not come from the same program two years in a row, and in the event that no applications are received and/or fail to satisfy the application requirements, no scholarship will be awarded for that year.

Interested resident-faculty dyads are encouraged to apply.

Please see attached application or go to: <https://www.coloradoafp.org/wp-content/uploads/2016/01/Balance-Conference-Scholarship-Application.pdf>

Requirements:

Application is a shared application, both resident and faculty member must be identified at the time of application.

Residency faculty member must have teaching experience at their program for at least 10 months, and must demonstrate commitment to staying in their role at the residency program for two years following the balance conference.

Residents must be in good standing and should be a PGY-2 or PGY-3 level, and must have approval of their Program Director.